



### Mother Who?

Diane Evans and Sharon Evans  
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Every day, parents make decisions endeavouring to balance family, work and life. For some the path is clear, while for others it's loaded with complications. *Mother Who?*, written by sisters Diane and Sharon Evans, reminds us that finding and recognising this balance can be difficult, but invaluable.

The book comprises 20 interviews of mothers from a variety of backgrounds. We read about mums with one child and mums with seven. We read about stay-at-home-until-further-notice mums and mums who went back to work three weeks after giving birth. We read about mums in the spotlight and mums living a less public life.

The authors have cleverly kept their own comments to a minimum, allowing the interviewees to speak for themselves. The honesty of these personal stories is inspiring — the mothers explain how and why they have made decisions about the work-life juggle and some candidly evaluate these decisions, even as they're making them.

Interviewee Natasha Stott Despoja's advice is to trust your own instincts, and she shares a story about a "particularly crappy day in parliament".

*Mother Who?* is well laid-out with engaging photographs and pleasing graphics. Between interview stories, the reader finds tips from psychologists, journalists and the mothers themselves. Topics covered include business, postnatal depression, vision impair-



ment, male-dominated workplaces and permanent part-time work.

*Mother Who?* takes a human approach to the business of career, family and life. It reminds us that every individual's decision is unique. It would be an affirming read for any parent contemplating career and lifestyle choices.